



Taunton
Association for
Psychodynamics

Reg. Charity No. 801428
Company No. 2262641

Spring Conference
Sat. 24th March 2012
9.15am-4.45pm

Creativity, Dreams & the Imagination

Creativity, dreams and imagination are fascinating but elusive concepts which are at the heart of our humanity. The brief we gave our speakers is to go beyond the familiar in the search for the roots of the creative potential that can transform the lives of our clients and patients. Yet they are to carry us with them and suggest models of working which we could adapt and, in particular, suggest models of working which we could bring to those situations where the therapy is 'stuck'. The speakers will draw on their varied and extensive experience to bring these concepts into a clearer focus.

Our conference will consider three views from three eminent speakers. After a presentation covering the latest developments in the field each of our speakers will in turn go on to present their views on how this work could influence their thinking and the way they practice.

Programme and timetable

9.15am Registration and Coffee

9.45am Andrew Wilcox
Introductions from the Chair of the Conference

10.00am Ian Rees
Psychotherapy, Ancient Alexandria and the Grail or What to do when a gorilla walks into your therapy room?

This presentation will be an exploration of the embodied imagination approached from a perspective which combines a depth approach to mindfulness with an understanding of and work with body process. Reference will be made to Jung's work on creativity and the imagination particularly as expressed in the Red Book and the Seven Sermons to the Dead. Discovering the power and intelligence of the imagination is a powerful turning point for clients and the non-linearity and connection with early process that the imagination provides opens up the possibility of deep transformation.

There will be the opportunity to explore this experientially as well as through lecture and discussion. Ian Rees is a Core Process Psychotherapist practicing in Glastonbury. He has been a psychotherapist for 20 years and for 10 years taught at the Karuna Institute, Devon. He now presents training in working with the imagination in UK and Israel.

11.15am Coffee

11.45am Maggie Peters
Mirrors of the Soul

In her talk Maggie will focus on the creativity and sophisticated intelligence inherent in dreams and how the insights and wisdom revealed when working with them can enrich the inner process and the therapeutic relationship. She hopes to show how following the dream can encourage into waking awareness a wealth of stored and perhaps previously unrealised material in support of the journey of the soul.

Maggie is a transpersonal psychotherapist and dreamworker who has developed her own approach to working with the dream. This approach is rooted in Jungian/Senoi perspectives and enriched by 25 years of experience with clients, many self-originated workshops and trainings in both personal and professional development. Author of the self-help book, 'Dreamwork - using your dreams as a way to self-discovery and personal development', Maggie is dedicated to supporting people in realising the richness of their inner resources and becoming more aware of who they truly are.

1.00pm Lunch

2.15pm Dr Lynne McClelland

A Moving Beauty : creation and destruction of worlds in therapeutic work with young people

Capturing the multi-faceted nature of therapeutic experience, where change is complex and subtle is no easy matter! However, there are a number of rich traditions, 'old' ways of working, which find a pathway through these dilemmas. These approaches tend to value creativity and the imaginary, and call for an appreciative and more embodied approach to relationships and context.

Lynne will look at some examples of therapeutic Sandplay work, a tradition whose origins can be traced back to our earliest human impulses towards consciousness where sand is used as a detoxifying and healing medium. Sandplay therapy can be seen as a symbolic journey into the unknown. This movement involves transformation and stuckness, out of which inner and outer worlds can come into dialogue - sometimes in words, sometimes in silence.

Dr McClelland is a Clinical Psychologist working in a local NHS Child & Adolescent Mental Health team, and a Training Lecturer and Supervisor on the Doctoral programme in Clinical Psychology at Exeter University. She offers supervision and training courses on SandPlay and has published in the area of social inequalities, cultural context and mental health:

3.30pm Tea

4.00pm Plenary discussion with our speakers

4.45pm Conference ends

Venue: Tacchi-Morris Arts Centre, School Road, Monkton Heathfield, Taunton TA2 8PD

Fee: £86 for the full day or £80 to TAP Members

Limited number of bursaries available at fixed fee of £50. To apply, please write to the TAP Administrator at the address below or email taplimited@hotmail.co.uk

Certificate of Attendance provided as evidence of Continuing Professional Development.

There will be a bookstall offering 10% discount on usual prices.

Contact for enquiries and the return of booking forms:

Suzie Grogan, TAP Administrator, 13 Holyoake Street, Wellington, Somerset TA21 8LD Tel: 01823 661601