

Workshop leader

Judith O'Hagan | 01458 252236
info@judith-ohagan.co.uk



Workshop Series
Bach Flower
Remedies

Weekend Workshop: Beyond Rescue Remedy

In this workshop we will get to know the 38 Bach Flower Remedies...

The alphabetical listing from Agrimony to Willow can be a bit daunting and confusing. Instead we will each have a workbook, with pictures and pages for each remedy. Following Dr Bach's journey of discovery of the remedies, we will come to understand how and why he categorised them, and the different levels that each remedy works on. We will make our own remedy combinations, and there will be help to understand how to formulate useful combinations. No prior experience of the remedies is necessary; and the workshop is also suitable for people who are familiar with the remedies, but want to appreciate them on a deeper level.

Saturday 24 & Sunday 25 April 2010 ~ 10.00am to 5.00pm

Middlethorpe House, Curry Rivel, Somerset

Workshop fee | £130.00 payable in full when you make your reservation please

Small group (maximum 9 participants) ~ please bring lunch to share.
Fee for the weekend, to include workbook and the use of a set of remedies.

Judith O'Hagan is a UKCP accredited psychotherapist who has worked with the Bach Flower Remedies for over 30 years.

Bookings/Enquiries

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PLEASE NOTE | this workshop amounts to 14 hours of CPD